DPSB/RG/S&G/2020 27 January 2020

Subject: Games and Sports coaching during Morning and Evening - Reg.

Dear Parents/Guardians

Delhi Public School, Bhilai has always believed in the adage - A Healthy Mind resides in a Healthy Body and has always encouraged the students to take up any sport/game of their choice by offering them opportunities to play during school hours (reg. PE Periods) and special coaching sessions after school hours. In keeping with this tradition the school now proposes to organize regular sessions for the games and sports listed below, offering structured and phased guidance, teaching the students all the nuances of the game/sport they are interested in. This will ensure that they live in good physical and mental health, thus ensuring a Fit India.

a) Football b) Basket Ball c) Volley Ball d) Cricket **Games & Sports:** 

> e) Hockey f) Tennis g) Athletics

**Practice Timings:** Morning session: 5:45 a.m. to 6:50 a.m.

> Evening session: 5:00 p.m. to 6:15 p.m. (during Summer) 4:15 p.m. to 5:30 p.m. (during Winter)

The following games & sports are scheduled to be organised during the morning session: a) Football b) Basket Ball c) Volley Ball

The following games & sports are scheduled to be organised during the **evening session**:

b) Cricket a) Hockey c) Athletics d) Lawn Tennis

## Please take note of the following:

- 1. Initially the school ID card must be worn compulsorily to attend the sports practice session. Later, Sports ID card will be provided on a chargeable basis.
- 2. Students coming for practice will not be allowed to use the washrooms inside the school building. They have to use the washroom located outside.
- 3. Hostel students will be allowed to attend the evening session only.
- 4. Sports Uniform is compulsory according to the game/sport.
- 5. Students will bring the required kit/accessories necessary for the game/sport.
- 6. Overall coordination: Mr. Nitin Nair, I/c. P.E. Deptt. Supported by: Mr. Upendra Kumar, Mr. Joshi M. Cheriyan, Mrs. Ritika Gupta and Mrs. Neelima Thakur.
- 7. The sessions will start from Monday, 16 March 2020.

With a view to inculcate and promote Sports Culture among the students, free coaching will be provided for this year. But in subsequent years nominal fees may be levied depending on the game/sport opted.

Once a student is selected for representing the school in any of the Inter House/Inter School/Inter DPS/District/ State/CBSE/National competitions his/her participation would be mandatory.

If you are interested in sending your ward for the coaching sessions you are requested to send us the duly filled-in consent form appended below through your ward to their respective class teacher latest by Monday, 17 February 2020.

With good wishes

## Parshant Vashishta **Principal**

Date:

## **CONSENT FORM**

I	Father/Mother/Gua	ardian of o
class/sec	give my consent to my ward to attend th	e practice sessions being organised by the school ir
the morning/even	ing session (tick as applicable) in	(mention the games & sports name).
understand that th	e school will not provide kit/accessories and trans	port facility for the practice session and I will make
my own arrangeme	ents regarding the same. I also understand that d	uring the practice session if my ward gets injured
will not hold the so	chool responsible. Further, I undertake that my wa	ard will attend the training sessions regularly and ir
case s/he is selec	tted to participate in any of the Inter House/In	nter School/Inter DPS/District/State/CBSE/Nationa
competitions, s/he	will participate in the same.	
	Parent's/Guardian's Signa	ature :
	Parent's/Guardian's Nam	e :
	Mobile No. :	
Date:	F-mail ID	